

The Spiritual Centres as Centres of Control

The spiritual centres are supposed to be ‘transmitters’ of energy. That is, energy should flow freely through them. If a centre ceases to allow this free flow of energy, then it holds on to it and becomes a ‘power centre’. As we grow up, it is inevitable that one centre makes a grab for power. It is through this centre we try to control the world and those around us. If you look now at the top right hand corner of the image page, you will see the seven centres distributed around a central vessel. Each centre contains an image. This image represents the potential of the centre to work within consciousness (the inner vessel). Let us briefly discuss what happens when we misuse the potentials of the centres to create personal power.

We can divide the Centres or chakras into two basic groups:

- 1 Those which are linked with the earth consciousness
- 2 Those which are linked to the consciousness of the spiritual worlds.

If our spiritual energies become trapped, or “invested” in the lower three centres, then our daily consciousness becomes overwhelmingly focused on achieving power for the purposes of advancing ourselves in this earthly, material existence.

If we reflect on the figure eight again, we can realise it should be made up of two *circles*; one placed upon another. The bottom circle represents the base sacral and solar plexus centres. The top circle represents the throat, brow and crown centres. The heart centre is where both circles touch.

The Base Centre – The Gonads

If energies are trapped in the base centre, then consciousness is prevented from rising into individuality. This means the person can only achieve emotional stability by identifying with a “group” or “tribe”.

This tribe may be a culture, an ethnic group, a nation. It is expressed in racist hatred, ethnic bigotry - the ‘my country right or wrong’ attitude. It may however be a football team (which can be fun!) or other tribal representative which appeals to the ego of the consciousness trapped within the base centre.

When the base centre is blocked from giving out its energy flows, we may hear the expression, “*They* did that to me...” Conspiracy thinking and victim mentality may be the outcome. On a physical level, the absorption of this victim mentality may degrade the immune system.

The energies given to the bottom spiritual centre when directed outwards in a positive and balanced way give

- Loyalty
- A feeling of connection with nature and responsibility for the environment
- A sense of community
- A feeling of pride in history or in family tradition.
- The ability to act as a member of a team

The Sacral Centre – The Leyden

Energies trapped in the base centre direct a person into exerting power by identifying with a group. The other centres are concerned more with the individual exerting power over other people.

The second centre is the centre of 'Power through sex'. Those who invest their energies in this area will use sex as a controlling agent. This may be true on an absolutely literal level - creating the Casanova, Don Juan, and femme fatale archetypes, but sex is a subtle force. It may express itself in terms of money or weapons - other means of direct control.

Those who have energy trapped at this level tend to be fairly blatant in their need to control. They need to be in charge of the situation or relationship. On the other hand, the word 'Betrayal' may be heard if control is removed!

When the second chakra energies are expressed positively, then they produce

- Understanding of physical energies
- The ability to handle money
- Creativity

The Solar Plexus Centre – the Adrenals

At this level self-esteem is trapped into the concept of 'Personal Power' realised through career or status. This is the individual who will ride rough shod over others to gain a desired position. It is the politician who will do anything to be elected to a public role. It is the person who sacrifices family and relationships for the sake of success.

Money is not the driving force of such people, although it may be a by-product. Because the third centre is the 'fantasy' centre, a blockage here may trap the individual into trying to forever create their inner fantasy. This will always be impossible because the real world is an imperfect reflection of their inner dream. For this reason the words 'driven', 'dis-satisfied' may be associated with such a person. They are 'image' people. If someone with this centre blocked is baulked or thwarted, they tend to talk about 'denial', of 'being robbed'.

This centre should express:

- The dream - the ability to perceive a goal and direct energy towards attaining it.
- Ideas, thinking and intuition.
- Clarity of perception of self.

The Heart Centre – the Thymus

The Heart centre is special. It sits upon the boundary of the two sets of centres.

If our energies become trapped in the lower centres then we live our lives strictly through outward appearances. We may lead lives which on the outside appear to be all that anyone could desire, but inwardly we are in Hell.

Unless we make a conscious choice within our spiritual evolution, the heart becomes a divide. An empty heart creates emptiness in our personal relationships; it creates a chasm between us, and those who attempt to come close to us. It creates a consciousness whereby people are not spiritual beings, they are commodities; pawns upon a chessboard.

Have you noticed how much our popular culture is centred around 'love'? How many of our popular songs, our popular novels deal with just this topic? It is not just 'sex' - perhaps the greatest single need of our time is the need for love.

Heart disease is now the greatest single cause of death in Western culture. This statistic alone tells us something about the result of blockages within the heart centre.

When energy becomes locked up at this level, the individual becomes obsessed with gaining power over others through relationships. They may well talk about love, but what they mean by love is something conditional: "If you *loved* me you would do what I want".

Opening the Heart Centre

The freed heart centre becomes available for true love. It is from the heart centre in fact that a new consciousness is gradually evolving. Clairvoyants who have looked deeply into this centre in the last sixty years have seen something new.

In the hearts of many people sits a spiritual being. This spiritual being is working to bring about a new understanding of love. It is creating a consciousness which we have called the "Christ consciousness". This consciousness "bridges the chasm" between the centres which pour their energies into the earth and those which strive to maintain a connection to the spiritual worlds.

If this new understanding continues to evolve within humanity, then in the next millennium we shall see new visions emerge, new ways of interacting on both personal and group levels. There is hope for the fulfillment of the biblical prophecy:

*"Nation shall not lift up sword against nation
Neither shall they learn war any more..."²*

The Throat Centre – the Thyroid

The higher spiritual centres are not exempt from trying to grab energy. There tends to be a difference however. When energy is controlled by the centres below the heart, it tends to involve the individual in trying to achieve power of others on a one-to-one basis. When a higher chakra distorts the balance through striving for control, then the effects may be felt on a global scale.

The Throat Centre is *par excellence*, the Will Centre. When energy is blocked at this level, then all the efforts of the individual are turned towards gaining *leadership* power. The struggle for leadership power differs from the struggle for status of the third chakra. Struggle for status is to promote one individual over another. Struggle for leadership however, promotes one individual over many others. We should look to our leaders!

Fortunately such a person is rare. Most of our leaders have lesser goals in mind, but this rare individual may be a great danger.

The most blatant example of our time is Adolf Hitler. His drive to achieve total control was achieved through the use of the voice. Charisma working through the voice is a characteristic

feature of a power-filled Throat Centre. Hitler's use of propaganda (PR) also expressed a misuse of the imaginative faculties of the solar plexus centre. In fact the energies of the throat centre allowed him to play out the fantasies of the Adrenals Centre upon a world stage - to the destruction of millions.

This introduces us to another concept in our understanding of the role of the spiritual centres:

They reflect each other through the heart centre

This means that if one of the higher chakras becomes a controlling influence, then it can also direct or express the energies of its corresponding lower centre.

An individual who has *freed* the Throat Centre may still be a great leader. But this time, they will see themselves as the 'servant of the people'. Once again they may express great charisma through the voice, the difference being, that the content of their speech will be filled with the power of intelligence, thinking and love.

Two examples of leaders with this centre fully functioning were Winston Churchill and Martin Luther King. Indeed, the key phrase of Martin Luther King's life is remembered as "I have a dream". A perfect realisation of the solar plexus centre of dreams and imaginations.

The Brow centre

Blockages at the brow centre express as an individual's struggle for power through perception. This manifests in two distinct ways.

Firstly as an intellectual power. This is the intellect, brilliant, yet cold, who wishes to dispose of other people as the chess master disposes of his game pieces. Such people are found as strategists (both military and economic) and as philosophers who through pure intellectual charisma manage to impose their world-view on their followers.

The second expression of a blockage at this level is through 'psychism'. That is, the 'fortune teller', 'medium' or 'psychic' who uses their abilities as a means of gaining personal power. In fact the clairvoyance of such people is not clairvoyance at all, for it comes through the abdominal centre, and not through the brow centre. For this reason their 'insight' is limited, untrustworthy and tainted with their own personal desires.

The true expression of the brow centre is rare. But may be seen in that individual with unique and outstanding insight. We would quote Albert Einstein and Carl Jung as examples of individuals who through their own perceptions, altered irrevocably the world-view of the whole of humanity.

The twentieth century has seen a few outstanding examples of true clairvoyance as well. the word 'clairvoyance' simply means to 'see clearly'. Rudolf Steiner, Edgar Cayce and Rev Mario Schoenmaker, were outstanding examples of 'seers' who used their vision not for personal aggrandisement, but to enlarge the perception of the whole world.

The Crown Centre

The opening of the crown centre is both commonplace and rare!

That is to say, that every day we can all experience the opening of this centre at the top of the head: once when we are on the verge of waking up and once when we are on the verge of falling asleep.

The crown centre is our link with the spiritual worlds. On the verge of sleep, with the relaxation of those energies which bind us to the physical world, we may experience the opening of this link.

For the crown centre to try and dominate the balance of our being is rare, but it does happen.

An individual with a dominating Crown Centre will try and achieve power over others through religion.

To achieve religious power is to have power greater than any secular leader. A secular leader may exert power over the physical bodies and possessions of their followers, but the religious leader claims power over the very souls of their devotees.

The sign of religious domination is when the individuality of the follower is subsumed within the individuality of the leader. We have seen terrible examples of this in the Jonestown massacre, in the various “holy wars” of history, in the pitting of the adherents of one religion against the followers of another.

The purpose of true religion is to *unite* with the spiritual dimensions. Even the word itself seems to derive from a Latin word meaning to ‘tie’ or ‘fasten’. The effects of an individual with a dominating crown centre is in fact to ‘block off’ the entrance to the spiritual worlds.

Rev Mario used to tell the story of a black man who stood outside a church weeping. God happened to come along and enquire why this person was so distraught. “They won't let me in!” the man said. “Don't worry,” God replied, “They won't let me in either!” Such is the story of religious power misused.

When the Crown centre is opened as the sum of all the centres, then we have a reconnection with the godhead – we have transcendence.